DAILY PRAYER GUIDE

Small Group Guide & Prayer Journal



shvchurch.org 303.690.2520



INTRO DUCTION

God delights in speaking to us. He wants His relationship with us to be relevant, active, and life-changing. He has used all of history so that His people can encounter Him. Through the words He gave us in the Bible, He emphasizes His heart and desire for goodness in our lives. And when we set aside time to meditate on Him and those words, we make real steps into the goodness that's waiting for us.

This Daily Prayer Guide follows along with the Scripture readings from the Book of Common Prayer—it has been read by millions all around the world for centuries, and we are all invited to join in with a global community.

How the DPG Works

It only takes a few minutes. Set aside a bit of your time and let God have it. Every day, find a quiet spot—even if it's in your car on the way to work or in bed before you close your eyes. Open this up and pray through the steps given for each day. Follow the easy instructions and concentrate as you read and pray.

CONTENTS

PRAYER

There will be guided steps to help you focus in prayer every day.

WORD

A daily glimpse of God's heart for us will be included within the guide.

REFLECTION

Poets and artists from our SHV community have contributed creative reflections based on each reading.

JOURNAL

We provide space for you to reflect in any way you choose.

SABBATH DAYS

We've given you an opportunity with each Sunday entry to reset and reorient your life around God.

CHECK-INS

Every few weeks, we want to hear from you. Your story and journey may inspire others!

A Simple Method For Hearing God

Here are 6 simple steps to use as you're reading the Bible. Take your time and spend a few minutes on each step as you hear from God.

RELAX - Find a calm place and take a few deep breaths. Focus your mind on listening for God's voice.

READ - Read the word of God. It can be just a few verses or maybe an entire chapter.

REFLECT - Center your attention on the verses and ask God to highlight parts of the scripture to you.

RESPOND - Write down or think about what the verses bring to mind and how they move you.

REST - Let your mind flow over the truth and goodness of God's word.

RESOLVE - With joy and reverence, choose to follow what God is saying through his scripture.

This is something you can practice every time you make room to hear God. His desire is to speak to us everyday and through the Bible. These steps can help you to focus on his voice.

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11.01.19 :: FRIDAY

Find your focus. Make a quiet space in your mind and your surroundings, so that you can receive what God has for you today.

Invitation • I invite You into my day, Holy Spirit. Speak to me through everything I do.

Give Thanks • You create beautiful things. Thank you for being so creative, God (Thank Him for all His beautiful creations.)

Review • I think back on the past day, and give everything that took place to You, Father. (Tell Him about any specific things that come to mind.)

Confession • I admit my sins to You, Jesus. Remind me that Your mercy is more than enough. (Mention any sins that come to your mind.) Please, give me an open heart to receive Your grace.

God's Word • Read or listen (1-2x) to today's Scriptures. Ask God to move and speak to you as you meditate on the His words.

Praise the Lord!

I will give thanks to the Lord with my whole heart, in the company of the upright, in the congregation. Great are the works of the Lord, studied by all who delight in them.

Full of splendor and majesty is his work, and his righteousness endures forever.

Hebrews 12:1-3

Psalm 111:1-3

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and seated at the right hand of the throne of God.

Pray • God, please help me to show others how You can move, heal, and transform people in amazing ways.

How do I set down
This piece of me?
It smells, and sticks,
and I hate it...
But it's almost a part of me.
This race is so hard to run
With a shame-filled suitcase in one hand
And a half-dozen sins clinging to me.
But You see me. You invite me.
And at Your word I will lay it down.
"Come."

Write or sketch your own creative reflection below, or simply take the time to talk to God.	÷

11.02.19 :: SATURDAY

Find your focus. Meditate on each step for the day. Let yourself open up to God about what you're thinking, and let Him be honest with you in return.

Invitation • I welcome You into this moment, Lord Jesus. Lead me as I focus on You.

Give Thanks • You are my faithful and righteous Father all the time. Thank You for always working things out for good for Your children. (Recount the blessings and gifts He's given you today.)

Review • As I look back on the past few days, I give everything that happened to You. (Take a moment to think of specific things.)

Confession • I admit to the wrongs choices I have made. Help me to accept Your grace over my sins. (Mention any sins from the past day that come to mind.)

God's Word • Read or listen (1-2x) to God's Word for the day. Let Him fill you with His meaning through the Scriptures and His presence.

Psalm 55:13-15
But it is you, a man, my equal,
my companion, my familiar friend.
We used to take sweet counsel together;
within God's house we walked in the throng.
Let death steal over them;
let them go down to Sheol alive;
for evil is in their dwelling place and in their heart.

Matthew 13:31-33

He put another parable before them saying, "The kingdom of heaven is like a grain of mustard seed that a man took and sowed in his field. It is the smallest of all seeds, but when it has grown it is larger than all the garden plants and becomes a tree, so that the birds of the air come and make nests in its branches." He told them another parable. "The kingdom of heaven is like leaven that a woman took and hid in three measures of flour, till it was all leavened."

Pray • Holy Spirit, please continue to shape my life as I continue to focus on You. Lead me into opportunities to glorify You to others.

I came to God through the guidance of my leaders, my peers.

But what happens when

the hand that brought me the Light snuffs it out?

What happens when they plant the seeds of doubt? If I'm being honest, this is one of my worst fears.

Having my people turn against me.

But, like always, He is the key.

A mortal hand will always abuse...

But the Lord our God will never lose.

Take a few moments to respond to what God is telling you today, in your own words or images.

11.03.19 :: SUNDAY :: SABBATH

Find your focus. Today, take an extra few minutes to let the Holy Spirit quiet your mind. Let life's hardships from the past week fade as you meditate on God's Kingdom and how it is continually working in the midst of your life.

Invitation • Be with in this place, Father. Highlight all the ways You crash into my life and give me joy.

Give Thanks • You are the God who gives redemption at all times. Thank You for being so forgiving and faithful. (Thank Him for the ways He is turning your life away from hardship into hope.)

Review • I look back on the past week, and I give up on all worldly actions that do not lead to Your Kingdom. (Mention everything that comes to mind.)

Confession • I admit that I forget You are Lord, and and that You work for my success. (Mention specific moments from the past week when you could have given Him more time.). Give me grace to receive Your forgiveness, Jesus.

God's Word • Read or listen (1-2x) to the Psalm for the day. Let the truth of who God is and what He is doing soak into your soul and give you joy.

Psalm 24:1-5

The earth is the Lord's and the fullness thereof, the world and those who dwell therein, for he has founded it upon the seas and established it upon the rivers.

Who shall ascend the hill of the Lord?

And who shall stand in his holy place?

He who has clean hands and a pure heart, who does not lift his soul up to what is false and does not swear deceitfully.

He will receive blessing from the Lord and righteousness from the God of his salvation.

Pray • God, please remind me who You are this week as You break into my life and transform me. Give me joy in everything I do, because I know it's for You.

You created me,
the dirt beneath my feet,
the water I drink,
and so much more.
Who could take Your holy place?
Who could be as mighty as You are?
Who?
We are the children of God.
This earth and everything on it belongs to You,
Lord.

Take a few moments to respond to what God is telling you today, in your own words or images.

11.04.19 :: MONDAY

Find your focus. As you go through the week, give your attention to each section and open up to God as He opens up to you. Let Him speak to you through His word and His Spirit in this experience.

Invitation • My focus and my time are for You, Jesus. I want to feel Your presence as I go through these steps with You.

Give Thanks • Thank You God for all the ways You have worked in my life. You know what is best. (Give Him thanks for specific ways He has guided you to the right path.)

Review • I reflect on the recent day, and I give You everything that has taken away my attention, Lord. (Tell Him what has taken your attention away from Him.)

Confession • I'm sorry for the things I do that take me far away from You, Jesus. I accept Your endless forgiveness, and I want to feel Your presence. (Express all the sins that come to mind.)

God's Word • Read or listen (1-2x) to the daily Word of God. Ponder the words and ask the Holy Spirit to show you what they mean.

Psalm 57:4-5
My soul is in the midst of lions;
I lie down amid fiery beasts—
the children of man, whose teeth are spears and arrows,
whose tongues are sharp swords.
Be exalted, O God, above the heavens!
Let your glory be over all the earth!

Matthew 13:40-43

Just as the weeds are gathered and burned with fire, so it will be at the end of this age. The Son of Man will send his angels, and they will gather out of his kingdom all causes of sin and all law-breakers, and throw them into the fiery furnace. In that place there will be weeping and gnashing of teeth. And then the righteous will shine like the sun in the kingdom of their Father. He who has ears, let him hear.

Pray • Jesus, empower me to be the person You created me to be. Help me to be patient and loving to everyone around me today, and to show Your love to each person I meet.

I will lie down
and trust in the God who saves me.
He is good in the fire,
light in the dark,
and working in all things.
I am his child.
I will not be afraid.

Talk to God in whatever way works best for you today, whether that's vriting, visual art, or something else.

11.05.19 :: TUESDAY

Find your focus. Concentrate on each step along the way. Listen to His voice in His word and as He speaks to you in during this time.

Invitation • Come be with me, God. Help me to refocus my mind. My time and attention are Yours.

Give Thanks • I am incredibly grateful for the ways You surprise me. You always have a plan, and You know every part of me, Jesus. (Give Him thanks for the ways He is doing good in your life.)

Review • Over the past day, I have held onto things that I should have given to You, Father. Please take them from me, they are Yours now. (Tell Him anything specific that comes to mind.)

Confession • I admit I've made mistakes, Jesus. Help me to accept Your love and forgiveness. (Speak any specific mistakes that you recall.)

God's Word • Read or listen (1-2x) to the daily Word of God. Let God show you His meaning through the verses as you ponder them and listen for His voice.

Psalm 61:6-8
Prolong the life of the king;
may his years endure to all generations!
May he be enthroned forever before God;
appoint steadfast love and faithfulness to watch over him!
So will I ever sing praises to your name,
as I perform my vows day after day.

Matthew 13:47-50

"Again, the kingdom of heaven is like a net that was thrown into the sea and gathered fish of every kind. When it was full, men drew it ashore and sat down and sorted the good into containers but threw away the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the fiery furnace. In that place there will be weeping and gnashing of teeth."

Pray • God, I ask that Your presence would encourage and transform me today. Help me give myself grace when I sin, and also give others that same grace.

Appoint your steadfast love and faithfulness
Bring your steadfast love and faithfulness
I welcome your steadfast love and faithfulness
Thank you for your steadfast love and faithfulness

Take a few moments to answer all that God has said to you today.	

11.06.19 :: WEDNESDAY

Find your focus. Reflect on God's word as you go, and be transparent with Him about how you feel today. Soak in His presence and let Him encourage you today.

Invitation • I invite You into this place, Jesus. Bring Your presence, and let me soak it in.

Give Thanks • Thank You for always showing me who I am in You, God. Thank You for making me. (Thank Him for the ways He has made you.)

Review • I look back over today, and I give You everything I'm still holding onto that took my attention away from You. (Mention the specific things that took your attention away from God.)

Confession • I'm sorry for all the sins I have done. You made me in Your image, help me to accept Your love. (Say any sins that come to mind.)

God's Word • Read or listen (1-2x) to today's Word of God. Meditate on the word and let the Holy Spirit tell you His meaning.

Psalm 119:73-76

Your hands have made and fashioned me; give me understanding that I may learn your commandments. Those who fear you shall see me and rejoice, because I have hoped in your word.
I know, O Lord, that your rules are righteous, and that in faithfulness you have afflicted me. Let your steadfast love comfort me according to your promise to your servant.

Matthew 13:56-58

"And are not all his sisters with us? Where then did this man get all these things?" And they took offense at him. But Jesus said to them, "A prophet is not without honor except in his hometown and in his own household." And he did not do many mighty works there, because of their unbelief.

Pray • Holy Spirit, please give me opportunities to reach out to others with Your grace. I want others to know Your steadfast love.

I am like a piece of wood that has been transformed into a masterpiece.

Every curve and angle has been

intentionally placed by the Master.

I have been placed for all to see.

People rejoice when they see the work that

the Master has completed.

Joy fills the hearts of those that see me.

I am a reflection of my Master.

Perfect in his eyes.

There are no mistakes or blemishes.

The Master has made me perfect.

Respond to God however you feel led to in the space below.

11.07.19 :: THURSDAY

Find your focus. As you near the end of the week, let this guide help you be honest with God as He is honest with you. Give your focus to each step and listen for His voice in this process.

Invitation • I invite You here, Jesus. You deserve my focus and attention during this process. You are so good.

Give Thanks • Thank You for being so good in my life, God. You are goodness and life. (Give Him thanks for the good things He is doing.)

Review • I reflect on today, and give away all the things that keep me from Your presence, Jesus. (Mention all that comes to mind.)

Confession • I'm sorry for all the things I continually do that break Your heart, Jesus. (Say any sins that come to mind.) I accept Your grace and love.

God's Word • Read or listen (1-2x) to the daily Word of God. Soak in the words, and ask God what He wants to say to you today.

Psalm 71:17-18

O God, from my youth you have taught me, and I still proclaim your wondrous deeds. So even to old age and gray hairs, O God, do not forsake me, until I proclaim your might to another generation, your power to all those to come.

Revelation 14:2-3

And I heard a voice from heaven like the roar of many waters and like the sound of loud thunder. The voice I heard was like the sound of harpists playing on their harps, and they were singing a new song before the throne and before the four living creatures and before the elders. No one could learn that song except the 144,000 who had been redeemed from the earth.

Pray • Holy Spirit, I ask You to empower me to follow You. I want You to work through me to grow Your kingdom. I want to help You.

From the days of my youth to the youth of today, may the message be the same as You are the same.

Take some time to respond to God with words or visual art of your own.

11.08.19 :: FRIDAY

Find your focus. Make a quiet space in your mind and your surroundings, so that you can receive what God has for you today.

Invitation • I invite You into my day, Holy Spirit. Speak to me through everything I do.

Give Thanks • You create beautiful things. Thank you for being so creative, God (Thank Him for all His beautiful creations.)

Review • I think back on the past day, and give everything that took place to You, Father. (Tell Him about any specific things that come to mind.)

Confession • I admit my sins to You, Jesus. Remind me that Your mercy is more than enough. (Mention any sins that come to your mind.) Please, give me an open heart to receive Your grace.

God's Word • Read or listen (1-2x) to today's Scriptures. Ask God to move and speak to you as you meditate on the His words.

Psalm 69:13-14

But as for me, my prayer is to you, O Lord. At an acceptable time, O God, in the abundance of your steadfast love answer me in your saving faithfulness. Deliver me from sinking in the mire; let me be delivered from my enemies and from the deep waters.

Matthew 14:20-21

And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children.

Pray • God, please help me to show others how You can move, heal, and transform people in amazing ways.

How good it is to be fed at an acceptable time, to be saved and gathered up.

Write or sketch your own creative reflection below, or simply take the time to talk to God.)

11.09.19 :: SATURDAY

Find your focus. Meditate on each step for the day. Let yourself open up to God about what you're thinking, and let Him be honest with you in return.

Invitation • I welcome You into this moment, Lord Jesus. Lead me as I focus on You.

Give Thanks • You are my faithful and righteous Father all the time. Thank You for always working things out for good for Your children. (Recount the blessings and gifts He's given you today.)

Review • As I look back on the past few days, I give everything that happened to You. (Take a moment to think of specific things.)

Confession • I admit to the wrongs choices I have made. Help me to accept Your grace over my sins. (Mention any sins from the past day that come to mind.)

God's Word • Read or listen (1-2x) to God's Word for the day. Let Him fill you with His meaning through the Scriptures and His presence.

Psalm 75:6-8

For not from the east or from the west and not from the wilderness comes lifting up, but it is God who executes judgment, putting down one and lifting up another. For in the hand of the Lord there is a cup with foaming wine, well mixed, and he pours out from it, and all the wicked of the earth shall drain it down to the dregs.

Matthew 14:28-30

And Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus. But when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me."

Pray • Holy Spirit, please continue to shape my life as I continue to focus on You. Lead me into opportunities to glorify You to others.

Sometimes I forget
Sometimes I need reminding
it is not by me that anything happens
You make all rise
And some fall
You are God
Not me

Take a few moments to respond to what God is telling you today, in your own words or images.

11.10.19 :: SUNDAY :: SABBATH

Find your focus. Today, take an extra few minutes to let the Holy Spirit quiet your mind. Let life's hardships from the past week fade as you meditate on God's Kingdom and how it is continually working in the midst of your life.

Invitation • Be with in this place, Father. Highlight all the ways You crash into my life and give me joy.

Give Thanks • You are the God who gives redemption at all times. Thank You for being so forgiving and faithful. (Thank Him for the ways He is turning your life away from hardship into hope.)

Review • I look back on the past week, and I give up on all worldly actions that do not lead to Your Kingdom. (Mention everything that comes to mind.)

Confession • I admit that I forget You are Lord, and and that You work for my success. (Mention specific moments from the past week when you could have given Him more time.). Give me grace to receive Your forgiveness, Jesus.

God's Word • Read or listen (1-2x) to the Psalm for the day. Let the truth of who God is and what He is doing soak into your soul and give you joy.

Psalm 93:1-4

The Lord reigns; he is robed in majesty; the Lord is robed; he has put on strength as his belt. Yes, the world is established, it shall never be moved.

Your throne is established from of old;

you are from everlasting.

The floods have lifted up, O lord,

the floods have lifted up their voice;

the floods have lifted up their roaring.

Mightier than the thunder of many waters,

mightier than the waves of the sea.

the Lord on high is mighty!

Pray • God, please remind me who You are this week as You break into my life and transform me. Give me joy in everything I do, because I know it's for You.

If the floods have lifted up, then why am I bowed low? My God is the mightiest. He deserves thunder and roaring.

Write or sketch your own creative reflection below, or simply take the time to talk to God.

11.11.19 :: MONDAY

Find your focus. As you go through the week, give your attention to each section and open up to God as He opens up to you. Let Him speak to you through His word and His Spirit in this experience.

Invitation • My focus and my time are for You, Jesus. I want to feel Your presence as I go through these steps with You.

Give Thanks • Thank You God for all the ways You have worked in my life. You know what is best. (Give Him thanks for specific ways He has guided you to the right path.)

Review • I reflect on the recent day, and I give You everything that has taken away my attention, Lord. (Tell Him what has taken your attention away from Him.)

Confession • I'm sorry for the things I do that take me far away from You, Jesus. I accept Your endless forgiveness, and I want to feel Your presence. (Express all the sins that come to mind.)

God's Word • Read or listen (1-2x) to the daily Word of God. Ponder the words and ask the Holy Spirit to show you what they mean. *Psalm*

Psalm 80:1-3

Give ear, O Shepherd of Israel,

you who lead Joseph like a flock.

You who are enthroned upon the cherubim, shine forth.

Before Ephraim and Benjamin and Manasseh,

stir up your might

and come to save us!

Restore us. O God:

let your face shine, that we may be saved!

Matthew 15:13-14

He answered, "Every plant that my heavenly Father has not planted will be rooted up. Let them alone, they are blind guides. And if the blind lead the blind, both will fall into a pit."

Pray • Jesus, empower me to be the person You created me to be. Help me to be patient and loving to everyone around me today, and to show Your love to each person I meet.

While the blind lead the blind, perhaps the rest of us should try calling out to the God who hears.

Talk to God in whatever way works best for you today, whether that's writing, visual art, or something else.

11.12.19 :: TUESDAY

Find your focus. Concentrate on each step along the way. Listen to His voice in His word and as He speaks to you in during this time.

Invitation • Come be with me, God. Help me to refocus my mind. My time and attention are Yours.

Give Thanks • I am incredibly grateful for the ways You surprise me. You always have a plan, and You know every part of me, Jesus. (Give Him thanks for the ways He is doing good in your life.)

Review • Over the past day, I have held onto things that I should have given to You, Father. Please take them from me, they are Yours now. (Tell Him anything specific that comes to mind.)

Confession • I admit I've made mistakes, Jesus. Help me to accept Your love and forgiveness. (Speak any specific mistakes that you recall.)

God's Word • Read or listen (1-2x) to the daily Word of God. Let God show you His meaning through the verses as you ponder them and listen for His voice.

Psalm 78:5-6
He established a testimony in Jacob
and appointed a law in Israel,
which he commanded our fathers
to teach to their children,
that the next generation might know them,
the children yet unborn,
and arise and tell them to their children.

Matthew 15:23-27

But he did not answer her a word. And his disciples came and begged him, "Send her away, for she is crying out after us." He answered, "I was only sent to the lost sheep of the house of Israel." But she came and knelt before him saying, "Lord help me." And he answered, "It is not right to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table."

Pray • God, I ask that Your presence would encourage and transform me today. Help me give myself grace when I sin, and also give others that same grace.

YOU have crafted in me a story of stories.
YOU have taken something broken and made it new.
YOU have set laws to guide in Your ways.
YOU have taught me how it is to be Your son.
And I tell my children and my children's children of all YOU have done for me.

Take a few moments to answer all that God has said to you today.

11.13.19 :: WEDNESDAY

Find your focus. Reflect on God's word as you go, and be transparent with Him about how you feel today. Soak in His presence and let Him encourage you today.

Invitation • I invite You into this place, Jesus. Bring Your presence, and let me soak it in.

Give Thanks • Thank You for always showing me who I am in You, God. Thank You for making me. (Thank Him for the ways He has made you.)

Review • I look back over today, and I give You everything I'm still holding onto that took my attention away from You. (Mention the specific things that took your attention away from God.)

Confession • I'm sorry for all the sins I have done. You made me in Your image, help me to accept Your love. (Say any sins that come to mind.)

God's Word • Read or listen (1-2x) to today's Word of God. Meditate on the word and let the Holy Spirit tell you His meaning.

Psalm 119:100-103
I understand more than the aged,
for I keep your precepts.
I hold back my feet from every evil way,
in order to keep your word.
I do not turn aside from your rules,
for you have taught me.
How sweet are your words to my taste,
sweeter than honey to my mouth!

Matthew 15:30-31

And great crowds came to him, bringing with them the lame, the blind, the crippled, the mute, and many others, and they put them at his feet, and he healed them, so that the crowd wondered, when they saw the mute speaking, the crippled healthy, the lame walking, and the blind seeing. And they glorified the God of Israel.

Pray • Holy Spirit, please give me opportunities to reach out to others with Your grace. I want others to know Your steadfast love.

More than words,
Your knowledge goes deeper.
More than miracles,
You power is stronger.
More than caring,
Your love is endless.
And endlessly it is mine.

Respond to God however you feel led to in the space below.	

11.14.19 :: THURSDAY

Find your focus. As you near the end of the week, let this guide help you be honest with God as He is honest with you. Give your focus to each step and listen for His voice in this process.

Invitation • I invite You here, Jesus. You deserve my focus and attention during this process. You are so good.

Give Thanks • Thank You for being so good in my life, God. You are goodness and life. (Give Him thanks for the good things He is doing.)

Review • I reflect on today, and give away all the things that keep me from Your presence, Jesus. (Mention all that comes to mind.)

Confession • I'm sorry for all the things I continually do that break Your heart, Jesus. (Say any sins that come to mind.) I accept Your grace and love.

God's Word • Read or listen (1-2x) to the daily Word of God. Soak in the words, and ask God what He wants to say to you today.

Psalm 23:1-4

The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores me soul. He leads me in the paths of righteousness for his name's sake.

Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Matthew 16:11-12

"How is it that you fail to understand that I did not speak about bread? Beware the leaven of the Pharisees and Sadducees." Then they understood that he did not tell them to beware of the leaven of bread, but of the teaching of the Pharisees and Sadducees.

Pray • Holy Spirit, I ask You to empower me to follow You. I want You to work through me to grow Your kingdom. I want to help You.

I walk in darkness,
but I am not afraid.
I was surrounded by demons,
but I stopped listening to them and prayed.
You make them run.
Your light protects me.
I take the path to you,
I have everything I need.
I will be with you.

Take some time to respond to God with words or visual art of your own.

11.15.19 :: FRIDAY

Find your focus. Make a quiet space in your mind and your surroundings, so that you can receive what God has for you today.

Invitation • I invite You into my day, Holy Spirit. Speak to me through everything I do.

Give Thanks • You create beautiful things. Thank you for being so creative, God (Thank Him for all His beautiful creations.)

Review • I think back on the past day, and give everything that took place to You, Father. (Tell Him about any specific things that come to mind.)

Confession • I admit my sins to You, Jesus. Remind me that Your mercy is more than enough. (Mention any sins that come to your mind.) Please, give me an open heart to receive Your grace.

God's Word • Read or listen (1-2x) to today's Scriptures. Ask God to move and speak to you as you meditate on the His words.

Psalm 88:3-5

For my soul is full of troubles, and my life draws near to Sheol.

I am counted among those who go down to the pit; I am a man who has no strength, like one set loose among the dead, like the slain that lie in the grave, like those whom you remember no more, for they are cut off from your hand.

Matthew 16:18-19

"And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven."

Pray • God, please help me to show others how You can move, heal, and transform people in amazing ways.

We who were the dead men are the keepers of the keys.

And he made it so on purpose.

Write or sketch your own creative reflection below, or simply take the time to talk to God.

CHECK IN

SHV is a catalyst for creative community. Email dpg@shvchurch.org to send in stories of how your new focus has affected you and your community! We want to share the beauty of devotion with others!

11.16.19 :: SATURDAY

Find your focus. Meditate on each step for the day. Let yourself open up to God about what you're thinking, and let Him be honest with you in return.

Invitation • I welcome You into this moment, Lord Jesus. Lead me as I focus on You.

Give Thanks • You are my faithful and righteous Father all the time. Thank You for always working things out for good for Your children. (Recount the blessings and gifts He's given you today.)

Review • As I look back on the past few days, I give everything that happened to You. (Take a moment to think of specific things.)

Confession • I admit to the wrongs choices I have made. Help me to accept Your grace over my sins. (Mention any sins from the past day that come to mind.)

God's Word • Read or listen (1-2x) to God's Word for the day. Let Him fill you with His meaning through the Scriptures and His presence.

Psalm 90:3-4

You return man to dust and say, "Return, O children of man!" For a thousand years in your sight are bust as yesterday when it is past, or as a watch in the night.

Matthew 16:23

But he turned and said to Peter, "Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man."

Pray • Holy Spirit, please continue to shape my life as I continue to focus on You. Lead me into opportunities to glorify You to others.

I will remember when you turned my life from darkness to light and drove the demons away my mind is fixed and focused It is set on you I live for you, Jesus, not for men

Take a few moments to respond to what God is telling you today, in your own words or images.

11.17.19 :: SUNDAY :: SABBATH

Find your focus. Today, take an extra few minutes to let the Holy Spirit quiet your mind. Let life's hardships from the past week fade as you meditate on God's Kingdom and how it is continually working in the midst of your life.

Invitation • Be with in this place, Father. Highlight all the ways You crash into my life and give me joy.

Give Thanks • You are the God who gives redemption at all times. Thank You for being so forgiving and faithful. (Thank Him for the ways He is turning your life away from hardship into hope.)

Review • I look back on the past week, and I give up on all worldly actions that do not lead to Your Kingdom. (Mention everything that comes to mind.)

Confession • I admit that I forget You are Lord, and and that You work for my success. (Mention specific moments from the past week when you could have given Him more time.). Give me grace to receive Your forgiveness, Jesus.

God's Word • Read or listen (1-2x) to the Psalm for the day. Let the truth of who God is and what He is doing soak into your soul and give you joy.

Psalm 66:16-20
Come and hear, all you who fear God, and I will tell what he has done for my soul. I cried to him with my mouth, and high praise was on my tongue. If I had cherished iniquity in my heart, the Lord would not have listened. But truly God has listened; he has attended to the voice of my prayer. Blessed be God, because he has not rejected my prayer or removed his steadfast love from me.

Pray • God, please remind me who You are this week as You break into my life and transform me. Give me joy in everything I do, because I know it's for You.

Oh, how pain has filled my heart.
I search and search like a hiker in the woods.
I thirst and thirst,
seeking for something to quench this thirst.
My legs are weak and my heart is weary.
My head hurts and gravity feels so heavy.

At last a lagoon!
The cool water that feeds the soul.
The water is weightless, cures the pain.
Water that can only come from the Heavens.
My Father is unfailing. Always there.
The perfect quench to the soul.

Write or sketch your own creative reflection below, or simply take the time to talk to God.

11.18.19 :: MONDAY

Find your focus. As you go through the week, give your attention to each section and open up to God as He opens up to you. Let Him speak to you through His word and His Spirit in this experience.

Invitation • My focus and my time are for You, Jesus. I want to feel Your presence as I go through these steps with You.

Give Thanks • Thank You God for all the ways You have worked in my life. You know what is best. (Give Him thanks for specific ways He has guided you to the right path.)

Review • I reflect on the recent day, and I give You everything that has taken away my attention, Lord. (Tell Him what has taken your attention away from Him.)

Confession • I'm sorry for the things I do that take me far away from You, Jesus. I accept Your endless forgiveness, and I want to feel Your presence. (Express all the sins that come to mind.)

God's Word • Read or listen (1-2x) to the daily Word of God. Ponder the words and ask the Holy Spirit to show you what they mean.

Psalm 89:5-6

Let the heavens praise your wonders, O Lord, your faithfulness in the assembly of the holy ones! For who in the skies can be compared to the Lord? Who among the heavenly beings is like the Lord...

Matthew 17:8-9

And when they lifted up their eyes, they saw no one but Jesus only. And as they were coming down the mountain, Jesus commanded them, "Tell no one of this vision, until the Son of Man is raised from the dead."

Pray • Jesus, empower me to be the person You created me to be. Help me to be patient and loving to everyone around me today, and to show Your love to each person I meet.

No one, no one.

There is no one like you.

Thank goodness I came after the part where we couldn't tell anyone.

Talk to God in whatever way works best for you today, whether that's writing, visual art, or something else.

11.19.19 :: TUESDAY

Find your focus. Concentrate on each step along the way. Listen to His voice in His word and as He speaks to you in during this time.

Invitation • Come be with me, God. Help me to refocus my mind. My time and attention are Yours.

Give Thanks • I am incredibly grateful for the ways You surprise me. You always have a plan, and You know every part of me, Jesus. (Give Him thanks for the ways He is doing good in your life.)

Review • Over the past day, I have held onto things that I should have given to You, Father. Please take them from me, they are Yours now. (Tell Him anything specific that comes to mind.)

Confession • I admit I've made mistakes, Jesus. Help me to accept Your love and forgiveness. (Speak any specific mistakes that you recall.)

God's Word • Read or listen (1-2x) to the daily Word of God. Let God show you His meaning through the verses as you ponder them and listen for His voice.

Psalm 97:6-7

The heavens proclaim his righteousness and all the peoples see his glory.

All worshipers of images are put to shame, who make their boast in worthless idols; worship him, all you gods!

Matthew 17:20-23

He said to them, "Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you."

As they were gathering in Galilee, Jesus said to them, "The Son of Man is about to be delivered into the hands of men, and they will kill him, and he will be raised on the third day." And they were greatly distressed.

Pray • God, I ask that Your presence would encourage and transform me today. Help me give myself grace when I sin, and also give others that same grace.

While the pantheons fell to their knees, the men saw his glory and felt threatened. What a shameful thing, to hold more pride than all the heavens' gods. We should have just believed.

ake a few moments to answer all that God has said to you today.	

11.20.19 :: WEDNESDAY

Find your focus. Reflect on God's word as you go, and be transparent with Him about how you feel today. Soak in His presence and let Him encourage you today.

Invitation • I invite You into this place, Jesus. Bring Your presence, and let me soak it in.

Give Thanks • Thank You for always showing me who I am in You, God. Thank You for making me. (Thank Him for the ways He has made you.)

Review • I look back over today, and I give You everything I'm still holding onto that took my attention away from You. (Mention the specific things that took your attention away from God.)

Confession • I'm sorry for all the sins I have done. You made me in Your image, help me to accept Your love. (Say any sins that come to mind.)

God's Word • Read or listen (1-2x) to today's Word of God. Meditate on the word and let the Holy Spirit tell you His meaning.

Psalm 101:2-4

I will ponder the way that is blameless.
Oh when will you come to me?
I will walk with integrity of heart
within my house;
I will not set before my eyes
anything that is worthless.
I hate the work of those who fall away;
it shall not cling to me.
A perverse heart shall be far from me;
I will know nothing of evil.

Matthew 17:22-23

As they were gathering in Galilee, Jesus said to them, "The Son of Man is about to be delivered into the hands of men, and they will kill him, and he will be raised on the third day." And they were greatly distressed.

Pray • Holy Spirit, please give me opportunities to reach out to others with Your grace. I want others to know Your steadfast love.

I live differently because you asked me to I speak with your words of power because you've gifted me with them I will live WITH you in peace and harmony in community and fellowship

Respond to God however you feel led to in the space below.

11.21.19 :: THURSDAY

Find your focus. As you near the end of the week, let this guide help you be honest with God as He is honest with you. Give your focus to each step and listen for His voice in this process.

Invitation • I invite You here, Jesus. You deserve my focus and attention during this process. You are so good.

Give Thanks • Thank You for being so good in my life, God. You are goodness and life. (Give Him thanks for the good things He is doing.)

Review • I reflect on today, and give away all the things that keep me from Your presence, Jesus. (Mention all that comes to mind.)

Confession • I'm sorry for all the things I continually do that break Your heart, Jesus. (Say any sins that come to mind.) I accept Your grace and love.

God's Word • Read or listen (1-2x) to the daily Word of God. Soak in the words, and ask God what He wants to say to you today.

Psalm 105:43-44
So he brought his people out with joy,
his chosen ones with singing.
And he gave them the lands of the nations,
and they took possession of the fruit of the peoples' toil...

Matthew 18:5-6

"Whoever receives one such child in my name receives me, but whoever causes one of these little ones who believe in me to sin, it would be better for him to have a great millstone fastened around his neck and to be drowned in the depth of the sea."

Pray • Holy Spirit, I ask You to empower me to follow You. I want You to work through me to grow Your kingdom. I want to help You.

Fear not, child.

The same sea that drowns your monsters will part beneath your feet.

Take some time to respond to God with words or visual art of your own.

11.22.19 :: FRIDAY

Find your focus. Make a quiet space in your mind and your surroundings, so that you can receive what God has for you today.

Invitation • I invite You into my day, Holy Spirit. Speak to me through everything I do.

Give Thanks • You create beautiful things. Thank you for being so creative, God (Thank Him for all His beautiful creations.)

Review • I think back on the past day, and give everything that took place to You, Father. (Tell Him about any specific things that come to mind.)

Confession • I admit my sins to You, Jesus. Remind me that Your mercy is more than enough. (Mention any sins that come to your mind.) Please, give me an open heart to receive Your grace.

God's Word • Read or listen (1-2x) to today's Scriptures. Ask God to move and speak to you as you meditate on the His words.

Psalm 102:3-5

For my days pass away like smoke, and my bones burn like a furnace.
My heart is struck down like grass and has withered; I forget to eat my bread.
Because of my loud groaning my bones cling to my flesh.

Matthew 18:19-20

"Again I say to you, if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven. For where two or more are gathered in my name, there am I among them."

Pray • God, please help me to show others how You can move, heal, and transform people in amazing ways.

What a gift to have the body, wasted and weak though we are. When I forget to eat my bread, my brother may call out on my behalf and God will draw near to us.

Write or sketch your own creative reflection below, or simply take the time to talk to God.

11.23.19 :: SATURDAY

Find your focus. Meditate on each step for the day. Let yourself open up to God about what you're thinking, and let Him be honest with you in return.

Invitation • I welcome You into this moment, Lord Jesus. Lead me as I focus on You.

Give Thanks • You are my faithful and righteous Father all the time. Thank You for always working things out for good for Your children. (Recount the blessings and gifts He's given you today.)

Review • As I look back on the past few days, I give everything that happened to You. (Take a moment to think of specific things.)

Confession • I admit to the wrongs choices I have made. Help me to accept Your grace over my sins. (Mention any sins from the past day that come to mind.)

God's Word • Read or listen (1-2x) to God's Word for the day. Let Him fill you with His meaning through the Scriptures and His presence.

Psalm 107:41-43

...but he raises up the needy out of affliction and makes their families like flocks. The upright see it and are glad, and all wickedness shuts its mouth. Whoever is wise, let him attend to these things; let them consider the steadfast love of the Lord...

Matthew 18:33-35

'And should you not have had mercy on your fellow servant, as I had mercy on you?' And in anger his master delivered him to the jailers, until he should pay all his debt. So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart."

Pray • Holy Spirit, please continue to shape my life as I continue to focus on You. Lead me into opportunities to glorify You to others.

Don't let me be like him.

Don't let me be the one to forget.

How You've erased my debt.

How You've made my heart new

And filled it with Your Spirit.

Merciful God, make merciful me.

Take a few moments to respond to what God is telling you today, in your own words or images.

11.24.19 :: SUNDAY :: SABBATH

Find your focus. Today, take an extra few minutes to let the Holy Spirit quiet your mind. Let life's hardships from the past week fade as you meditate on God's Kingdom and how it is continually working in the midst of your life.

Invitation • Be with in this place, Father. Highlight all the ways You crash into my life and give me joy.

Give Thanks • You are the God who gives redemption at all times. Thank You for being so forgiving and faithful. (Thank Him for the ways He is turning your life away from hardship into hope.)

Review • I look back on the past week, and I give up on all worldly actions that do not lead to Your Kingdom. (Mention everything that comes to mind.)

Confession • I admit that I forget You are Lord, and and that You work for my success. (Mention specific moments from the past week when you could have given Him more time.). Give me grace to receive Your forgiveness, Jesus.

God's Word • Read or listen (1-2x) to the Psalm for the day. Let the truth of who God is and what He is doing soak into your soul and give you joy.

Psalm 118:15-19
Glad songs of salvation
are in the tents of the righteous:
"The right hand of the Lord does valiantly, the right hand of the lord exalts, the right hand of the Lord does valiantly!"
I shall not die, but I shall live, and recount the deeds of the Lord.
The Lord has disciplined me severely, but he has not given me over to death.
Open to me the gates of righteousness, that I may enter through them and give thanks to the Lord.

Pray • God, please remind me who You are this week as You break into my life and transform me. Give me joy in everything I do, because I know it's for You.

O Dear God, What have you done for me? All this good comes from you.

Thank you.

Write or sketch your own creative reflection below, or simply take the time to talk to God.

11.25.19 :: MONDAY

Find your focus. As you go through the week, give your attention to each section and open up to God as He opens up to you. Let Him speak to you through His word and His Spirit in this experience.

Invitation • My focus and my time are for You, Jesus. I want to feel Your presence as I go through these steps with You.

Give Thanks • Thank You God for all the ways You have worked in my life. You know what is best. (Give Him thanks for specific ways He has guided you to the right path.)

Review • I reflect on the recent day, and I give You everything that has taken away my attention, Lord. (Tell Him what has taken your attention away from Him.)

Confession • I'm sorry for the things I do that take me far away from You, Jesus. I accept Your endless forgiveness, and I want to feel Your presence. (Express all the sins that come to mind.)

God's Word • Read or listen (1-2x) to the daily Word of God. Ponder the words and ask the Holy Spirit to show you what they mean.

Psalm 106:2-4

Who can utter the mighty deeds of the Lord, or declare all his praise?
Blessed are they who observe justice, who do righteousness at all times!
Remember me, O Lord, when you show favor to your people; help me when you save them...

Matthew 19:1-2

Now when Jesus had finished these sayings, he went away from Galilee and entered the region of Judea beyond the Jordan. And large crowds followed him, and he healed them there.

Pray • Jesus, empower me to be the person You created me to be. Help me to be patient and loving to everyone around me today, and to show Your love to each person I meet.

Happiness is poured i nto those who do the right things. So I say, when You give Your love to Your people, notice me, too. Let me be in Your presence, and save me.

Talk to God in whatever way works best for you today, whether that's writing, visual art, or something else.

11.26.19 :: TUESDAY

Find your focus. Concentrate on each step along the way. Listen to His voice in His word and as He speaks to you in during this time.

Invitation • Come be with me, God. Help me to refocus my mind. My time and attention are Yours.

Give Thanks • I am incredibly grateful for the ways You surprise me. You always have a plan, and You know every part of me, Jesus. (Give Him thanks for the ways He is doing good in your life.)

Review • Over the past day, I have held onto things that I should have given to You, Father. Please take them from me, they are Yours now. (Tell Him anything specific that comes to mind.)

Confession • I admit I've made mistakes, Jesus. Help me to accept Your love and forgiveness. (Speak any specific mistakes that you recall.)

God's Word • Read or listen (1-2x) to the daily Word of God. Let God show you His meaning through the verses as you ponder them and listen for His voice.

Psalm 121:2-4

My help comes from the Lord,
who made heaven and earth.

He will not let your foot be moved:

he who keeps you will not slumber.

Behold, he who keeps Israel will neither slumber nor sleep.

Matthew 19:13-15

Then children were brought to him that he might lay his hands on them and pray. The disciples rebuked the people, but Jesus said, "Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven." And he laid his hands on them and went away.

Pray • God, I ask that Your presence would encourage and transform me today. Help me give myself grace when I sin, and also give others that same grace.

Thank You for being the kind of God who lets Your kids into the bedroom at night. You do not slumber or sleep. You welcome us in.

Take a few moments to answer all that God has said to you today.

11.27.19 :: WEDNESDAY

Find your focus. Reflect on God's word as you go, and be transparent with Him about how you feel today. Soak in His presence and let Him encourage you today.

Invitation • I invite You into this place, Jesus. Bring Your presence, and let me soak it in.

Give Thanks • Thank You for always showing me who I am in You, God. Thank You for making me. (Thank Him for the ways He has made you.)

Review • I look back over today, and I give You everything I'm still holding onto that took my attention away from You. (Mention the specific things that took your attention away from God.)

Confession • I'm sorry for all the sins I have done. You made me in Your image, help me to accept Your love. (Say any sins that come to mind.)

God's Word • Read or listen (1-2x) to today's Word of God. Meditate on the word and let the Holy Spirit tell you His meaning.

Psalm 119:153-155
Look on my affliction and deliver me, for I do not forget your law.
Plead my cause and redeem me; give me life according to your promise!
Salvation is far from the wicked, for they do not seek your statutes.

Matthew 19:23-24

And Jesus said to his disciples, "Truly, I say to you, only with difficulty will a rich person enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich person to enter the kingdom of God."

Pray • Holy Spirit, please give me opportunities to reach out to others with Your grace. I want others to know Your steadfast love.

LIFE

You give me joy, peace, grace, and love I will live from the life you gave me You promised me newness and faithfulness I will live from your promises

Respond to God however you feel led to in the space below.

11.28.19 :: THURSDAY

Find your focus. As you near the end of the week, let this guide help you be honest with God as He is honest with you. Give your focus to each step and listen for His voice in this process.

Invitation • I invite You here, Jesus. You deserve my focus and attention during this process. You are so good.

Give Thanks • Thank You for being so good in my life, God. You are goodness and life. (Give Him thanks for the good things He is doing.)

Review • I reflect on today, and give away all the things that keep me from Your presence, Jesus. (Mention all that comes to mind.)

Confession • I'm sorry for all the things I continually do that break Your heart, Jesus. (Say any sins that come to mind.) I accept Your grace and love.

God's Word • Read or listen (1-2x) to the daily Word of God. Soak in the words, and ask God what He wants to say to you today.

Psalm 140:4-5

Guard me, O Lord, from the hands of the wicked; preserve me from violent men, who have planned to trip up my feet.
The arrogant have hidden a trap for me, and with cords they have spread a net, beside the way they have set snares for me.

John 6:25-26

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of loaves."

Pray • Holy Spirit, I ask You to empower me to follow You. I want You to work through me to grow Your kingdom. I want to help You.

Everywhere I look I see evil.
I can't run from it.
It haunts me in my dreams.
Its words hit me every day.
I feel it on my skin like tar.
It's hot and sticky.
Fear creeps in.
Anxiety races through my veins.

Oh, how I run to you to escape this world.

You are my protector and shield. You have equipped me with protection. You have handed me a sword to fight back.

Thank you, Father, for your Protection.

Take some time to respond to God with words or visual art of your own.

11.29.19 :: FRIDAY

Find your focus. Make a quiet space in your mind and your surroundings, so that you can receive what God has for you today.

Invitation • I invite You into my day, Holy Spirit. Speak to me through everything I do.

Give Thanks • You create beautiful things. Thank you for being so creative, God (Thank Him for all His beautiful creations.)

Review • I think back on the past day, and give everything that took place to You, Father. (Tell Him about any specific things that come to mind.)

Confession • I admit my sins to You, Jesus. Remind me that Your mercy is more than enough. (Mention any sins that come to your mind.) Please, give me an open heart to receive Your grace.

God's Word • Read or listen (1-2x) to today's Scriptures. Ask God to move and speak to you as you meditate on the His words.

Psalm 140:12-13

I know that the Lord will maintain the cause of the afflicted, and will execute justice for the needy.

Surely the righteous shall give thanks to your name; the upright shall dwell in your presence.

Matthew 20:18-19

"See, we are going up to Jerusalem. And the Son of Man will be delivered over to the chief priests and scribes, and they will condemn him to death and deliver him over to the Gentiles to be mocked and flogged and crucified, and he will be raised on the third day.

Pray • God, please help me to show others how You can move, heal, and transform people in amazing ways.

I know.

I am sure.

Though what I see says otherwise,

I know.

I am sure.

You are good.

Write or sketch your own creative reflection below, or simply take the time to talk to God.

11.30.19 :: SATURDAY

Find your focus. Meditate on each step for the day. Let yourself open up to God about what you're thinking, and let Him be honest with you in return.

Invitation • I welcome You into this moment, Lord Jesus. Lead me as I focus on You.

Give Thanks • You are my faithful and righteous Father all the time. Thank You for always working things out for good for Your children. (Recount the blessings and gifts He's given you today.)

Review • As I look back on the past few days, I give everything that happened to You. (Take a moment to think of specific things.)

Confession • I admit to the wrongs choices I have made. Help me to accept Your grace over my sins. (Mention any sins from the past day that come to mind.)

God's Word • Read or listen (1-2x) to God's Word for the day. Let Him fill you with His meaning through the Scriptures and His presence.

Psalm 34:4-6

I sought the Lord, and he answered me and delivered me from all my fears.
Those who look to him are radiant, and their faces shall never be ashamed.
This poor man cried out, and the Lord heard him and saved him out of all his troubles.

John 1:35-37

The next day again John was standing with two of his disciples, and he looked at Jesus as he walked by and said, "Behold, the Lamb of God!" The two disciples heard him say this, and they followed Jesus.

Pray • Holy Spirit, please continue to shape my life as I continue to focus on You. Lead me into opportunities to glorify You to others.

No matter how good your teacher is, you have to follow when the Lord shows up.
After all, those who look to him are radiant.

Take a few moments to respond to what God is telling you today, in your own words or images.

CHECK IN

SHV is a catalyst for creative community. Email dpg@shvchurch.org to send in stories of how your new focus has affected you and your community! We want to share the beauty of devotion with others!

JUST THE BEGINNING

God is never done working. Everything He has done through the last month is just a taste of what He is about to do in us. Let's invite Him to speak into even more of our lives. Here are some ways to connect with what Jesus is doing in our community.

Sign up for the next issue of the DPG https://www.shvchurch.org/prayerguide/

Find a small group at SHV https://www.shvchurch.org/groups/

Download the SHV Church app

Serve and grow at SHV https://www.shvchurch.org/serve/